

## William Jewell College Tennis Team Camp Coaching Staff

You'll have the opportunity to be coached by the entire WJC coaching staff, All-American players, and nationally ranked players from the William Jewell tennis teams.

### Coaches

#### Head Coach Paul Worstell



Paul Worstell enters his fifth year as Head Coach at Jewell. He was a four-year Varsity player at Cameron High School in Cameron, MO. Paul then went on to play tennis at William Jewell. During his first year Paul played number 6 and helped

the Cardinals qualify for the National Tournament. As a sophomore, Worstell shot up the ranks to play number 3 and won the District 16 Championship in singles and doubles. Worstell was very active on campus at Jewell as President of FCA, a Resident Assistant, and Station Manager for KWJC.

His women's teams have accumulated a record of 61-35, while the men's teams under his tenure have tallied a win-loss record of 21-58 but are steadily improving. In 2009, Worstell became the only coach in Jewell women's tennis history to reach 50 career victories.

He graduated from WJC in 1994 with a B.A. in Communication.



#### Chad Thomason

Chad Thomason, a standout tennis player at William Jewell, enters his second year as the assistant men's and women's tennis coach at William Jewell College.

Coach Thomason spent three seasons as a member of the Cardinal tennis team, where he played number 1 singles and doubles as a senior. He also served as team captain during his senior campaign. Thomason has been working closely with the Jewell tennis program, teaching lessons and clinics to children and adults in the community during the summer months. Thomason played for Coach Worstell for two seasons while also serving as an assistant women's basketball coach at Jewell. as an assistant women's basketball coach at Jewell.

Below are some of the honors and awards earned by the WJC Tennis program under Coach Paul Worstell.

#### Women's Team:

- 2006 Women's team finished 18-2, won the HAAC and finished with the best record in School History
- 2006 Women ranked 23rd in the nation
- 2006 Women's number one doubles team ranked number 9 in the nation
- Number one women's doubles team qualified for Fall ITA National Tournament in 2006, 2007, 2008 and 2009.
- Number one doubles team of 2009-10 ranked 12th in the nation and top two singles players ranked in the top 50 in the nation.
- Women's Team named as ITA All-Academic team in 2006, 2007, 2008 and 2009
- In 2006 William Jewell placed 8 individuals on the NAIA ITA Academic All-American squad, which was the most of any women's tennis team in the NAIA.
- Women's Team named as NAIA Academic All-American team in 2007, 2008 and 2009
- Women's Team has earned three NAIA All-American selections in the last three years.

#### Men's Team:

- Number one men's doubles team ranked 14th in the nation in 2008 spring season (first men's doubles team to ranked nationally in six years)
- Number one singles player ranked 28th in the nation in 2008 spring season (first men's singles player to be ranked nationally in six years) and ranked 49th in the nation in Fall of 2009.
- Men's team was ranked in the top 30 in the spring of 2009. That marked the first top 30 ranking of a WJC men's tennis team in over 15 years.
- Number of high finishes in tough fall tournaments in 2006, 2007 and 2008
- Men's team named as ITA All-Academic Team in 2008 and 2009
- Three players named as NAIA Academic All-Americans in 2009
- The men's team played a part in helping William Jewell College men's athletic teams earn the honor of The Heart of America Athletic Conference Commissioners' Scholarship Award by having the highest GPA of all men's sports teams in the conference in 2006, and 2007



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## Summer Team Camp



# William Jewell Tennis Team Camp 2010 Registration



It is a privilege to have the opportunity to work with your team. The William Jewell Tennis Team Camp is rewarding for all as our coaching staff takes great pride in seeing your team's progress during the week. We believe in a very positive and uplifting experience and our work is rewarded with smiles, thanks and high fives. We feel our team camp offers the best chance for your team to learn how to become a team in a sport that is dependent on individual outcomes.

Please know that we are dedicated to helping your team reach their potential. Our top priority is to provide an opportunity for improvement in a safe and encouraging environment.

From Chillicothe High School Coach Amy Baker: *"Attending the William Jewell tennis camp was definitely a positive experience for my team. Coach Worstell and his staff did an excellent job of covering both the mental and physical aspects of the game of tennis. We are anxiously looking forward to returning next summer!"*

The Chillicothe girls team went on to finish fourth in state as a team in 2008 and saw two fourth-place finishes from singles player Elyn Turner and the doubles team of Jaimie Baker and Lily Pyrtle. It was the highest finish in the history of Chillicothe Tennis and we were thrilled to share in their excitement this past season.

We pledge to you we will address the following tennis areas each day at William Jewell Tennis Team Camp:

- Technical Training to Develop Fundamentals
- Drills to Refine Skills
- Physical Conditioning to Maintain Top Injury-Free Performance
- Match Play or Team Competition
- Classroom Sessions
- Team bonding exercises
- Match strategies
- Doubles drills and strategies

## Daily Schedules

### Day Camps

Each day will begin with a 9 a.m. classroom session dealing with mental toughness, strategies, sportsmanship, team bonding and much more. This off-court time provides a rest from the sun and helps students learn more about themselves and their tennis game.

**10 a.m.-12 p.m.**– We will hit the courts for drills, technique work, and competitive games.

**12 -1 p.m.**– Lunch will be served in the William Jewell Cafeteria

**1-3 p.m.**– More drill work, doubles drills and strategies and even some conditioning drills.

**3-5 p.m.**– The players can take a break from the heat and swim in our Olympic-size pool in the Mabee Center.

**T-Shirts will also be provided to the campers and coaches.**

### Residential Camps

**8 a.m.**– Breakfast in the William Jewell Cafeteria

**9 a.m.**– Classroom session dealing with mental toughness, strategies, sportsmanship, team bonding and much more. This off-court time provides a rest from the sun and helps students learn more about themselves and their tennis game.

**10 a.m.-12 p.m.**– We will hit the courts for drills, technique work, and competitive games.

**12 -1p.m.**– Lunch will be served in the William Jewell Cafeteria

**1 - 3 p.m.**– More drill work, doubles drills and strategies and even some conditioning drills.

**3 - 5 p.m.**– The players can take a break from the heat and swim in our Olympic-size pool in the Mabee Center.

**5:30 p.m.**– Dinner in the William Jewell Cafeteria

**7:00 p.m.**– Evening activity

**11:00 p.m.**– Lights out

Our camp has an organized group activity every evening for residential campers. Some of the planned events are: Movie Night, Trivia Night, and Karaoke. As with our entire schedule, evening activities are closely supervised by our coaching staff to ensure a wholesome and safe environment.

**T-Shirts will also be provided to the campers and coaches.**



Team Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Number of team members attending \_\_\_\_\_

### Day Camps (Please check)

- June 2 - 4
- June 16 - 18
- July 7 - 9
- July 28 - 30

### Residential Camps (please check)

- June 9 - 11
- June 23 - 25
- July 14 - 16
- July 21 - 23

The cost is as follows:

\$190 per player for a three-day camp

\$270 per player for a three-day residential camp

Individual sign-up forms will be sent to the coach once the number of campers has been determined.