

Department of Physical Education, Recreation, and Athletics

The Department offers two majors and two minors. Both majors lead to a Bachelor of Science degree: Recreation and Sport and Physical Education. The department also offers two minors: Coaching and Performance Enhancement, and Recreation and Sport. Two hours of physical education activity are required of all students for graduation.

The Department of Physical Education, Recreation, and Athletics is an integral part of the education process at William Jewell College, supporting the development of the “whole person”—physical, mental, social, emotional, and spiritual. The Department provides Jewell students with exceptional physical and recreational opportunities for both team and individual involvement. Opportunities are provided for professional preparation, in accordance with accrediting agency requirements, of highly qualified teachers and leaders in recreation and athletics.

Students who graduate with a major in physical education from William Jewell College will:

- Facilitate lifelong learning in a world of change;
- Confront the challenges of tomorrow;
- Exhibit leadership skills in order to affect decisions that will encourage the acquisition of health and other behaviors leading to an active, productive, and healthy lifestyle.

See back panel



About the Majors

The Recreation and Sport and Physical Education majors require students to complete the following:

- A performance portfolio will be constructed by students throughout their undergraduate education. The portfolio details are available from the student's departmental academic advisor. Portfolios are designed for each major: Physical Education (9-12) and Recreation and Sport.
- A departmental junior review (after the student has completed 75 hours and before completing 90 hours) is required. At this time an initial review of the student's performance portfolio will occur.
- A senior oral exit exam will take place after the student has completed 105 hours and prior to graduation.

Physical Education

The Physical Education major has been approved by the Missouri Department of Elementary and Secondary Education. The purposes of the teacher education program are to prepare teachers who:

1. Have a strong background in their teaching specialty (i.e., scientific knowledge, motor skills, human movement, or health content);
2. Understand health and physical education as a profession, including the historical and philosophical aspects, and can explain how health and physical education teachers can advance the goals of the profession in a variety of settings;
3. Become effective coordinators of learning, relating theory to practice by planning, implementing, and evaluating learning experiences, and equipping students to become self-directed, lifelong learners.

All Physical Education majors will follow the Secondary Education Teacher Certification program administered by William Jewell's Department of Education.

Recreation and Sport

The purpose of the Recreation and Sport program is to prepare professionals for careers in a wide variety of settings, such as public parks and recreation departments, community centers, fitness facilities, personal fitness training, corporate recreation, church recreation, nonprofit recreation centers, and sport-related activities in non-school settings.

About the Minors

The Coaching and Performance Enhancement and Recreation and Sport minors complement students' majors in other areas of the College. They provide the flexibility and diversity needed to allow the student to pursue a specific career interest in Coaching and Performance Enhancement or Recreation and Sport, while at the same time providing the breadth needed to adapt these interests to a variety of markets. The minors strengthen the students' academic preparation and enhance career options, regardless of their William Jewell College major. A major in Business Administration or Organizational Communication is recommended with these minors.



For more information or to schedule a visit, call us toll-free at 1-888-253-9355.

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