

Happy fall! This will be the first of three Jewell Parent Newsletters of the academic year. We want to share information about what is happening on campus in the lives of our students as we move through the remainder of fall semester and as we prepare for spring semester. Included in this newsletter are important messages from various departments across campus so you know what your student is up to and where to go for support if something doesn't seem to be working. Remember to check our [Operation Resurgent Campus website](#) for dashboard updates and our threat level assessment. We hope you find this information useful!

## *Health and Wellness...*

### **From our Nurse Practitioner**

Cold and flu season is here. This continues to remain a challenge with COVID-19. If your student is under the weather, the Student Health Center, located in Browning Hall, is glad to help. Students may access care Monday through Friday from 8 a.m.-12:30 p.m. and 1:30 p.m.-4:30 p.m. Rapid testing for flu, COVID-19, strep, and mono is available at no charge.

It is not too late for a flu shot! The Student Health Center offers walk-in appointments for influenza vaccines daily. The cost is \$14.69 and may be charged to a student account or paid with a credit or debit card. Local pharmacies offer walk-in appointments for flu vaccines as well, often at no cost as they can bill insurance for this service. If you have a student interested in learning more about COVID-19 vaccination and community opportunities for vaccination, we are here to answer questions.

We encourage our students and staff members to be selective and conscientious in the types of gatherings they choose to attend. We cannot thank you enough for your continued partnership as we work towards providing a more traditional college experience.

Please remember a negative test is always reassuring, but it does not guarantee you will not go on to develop symptoms or a viral load capable of causing an infection risk to others. Think of a negative test as a snapshot of your current health.

Consider providing your student with a few items to have on-hand should they become ill:

- A mercury-free thermometer
- Pain relievers/fever reducers such as acetaminophen, ibuprofen, or naproxen
- Pseudoephedrine or other decongestants for congestion
- Expectorants such as Mucinex, and cough suppressants such as Robitussin and Delsym
- Throat lozenges

How to contact the Health Center: 816-415-5020. | [healthcenter@william.jewell.edu](mailto:healthcenter@william.jewell.edu)

### **A Message from our Psychologist**

Hello Parents!

We are halfway through this semester – and time is continuing to fly! This has been a semester of transition for everyone as we continue to navigate how to live in a global pandemic while trying to create some normalcy here on The Hill. As with other fall semesters, we have come upon the time in the semester that is often laden with STRESS for our students – both academically and interpersonally. The transition back to being in the classroom while keeping other precautions in place may be exacerbating this stress even more for some of our students. I am hopeful you may be hearing about this stress from your students, but even if you are not, it is likely they are experiencing some form of stress currently.

Our office has seen the highest demand for services ever in a fall semester and I believe we'll see this trend continuing. We are seeing high levels of anxiety, depressed mood, and interpersonal problems, just to name a few. We are absolutely here to support your student! With that, I also realize that many of you are a strong support for your student, and wanted to pass along a few ways you can continue to support them during this time:

- Encourage them to take care of themselves and practice self-care. (They do have time and this is vital for their success!)
- Assist them in helping to find a balance between all their responsibilities – academics, extra-curriculars, athletics, relationships, etc.; many times, they need help in prioritizing these responsibilities and we are seeing them needing this assistance now more than ever.
- Encourage them to utilize the resources they have on-campus if the stress becomes too much – there are several different supports put in place to assist your student academically (Academic Achievement Center) and emotionally (Counseling Services).
- Remind them you are here and listen to their concerns, stories, and accomplishments.

As a reminder, Counseling Services is here to assist our students! We want to help if help is needed. We are continuing to provide services via telehealth (for everyone's safety and to not have to wear masks while in therapy) and still offer the same services we always have and more! These services include:

- 1) **Individual short-term therapy** appointments
- 2) **Let's Talk** is offered Monday – Friday and is a time each day that your student can drop-in and speak with a therapist, no appointment necessary!
- 3) **Cardinal Connect** is offered each Wednesday and is a general support group that allows students to connect with their peers and therapists in our office while learning skills to help manage their stress.

If your student has questions about any of these services or would like to schedule an appointment, please have them email [counselingservices@william.jewell.edu](mailto:counselingservices@william.jewell.edu). If they want to learn more, you can direct them to our Counseling Services Moodle Course.

If you have concerns about your student, please feel free to reach out so we can assist. I'm always happy to discuss concerns with parents. You may also reach me by using the above email. The holidays and finals are just around the corner, and we're here to help make sure your student thrives as we enter the end of the fall semester. They will be home before you know it and we want to make sure they come back in a healthy place!

Take care!

### **Update on Operation Resurgent Campus from our Associate VP of Institutional Strategy**

The Operational Planning Team continues to review COVID protocols on campus as the Mobilization Team activates isolation and quarantine when cases arise on campus. Since the semester began, the most weekly cases reported has been three, with little on-campus transmission. The College has operated at Level A-2 of the ORC framework for the duration of the semester and achieved the on-campus metrics required to move to Level A-1 (high vaccination rate and low on-campus transmission). [State](#) and [Clay County metrics](#) continue to improve weekly, and we anticipate improved county transmission rates to allow a transition to Level A-1 in the coming weeks.

The campus-wide facial covering mandate expired on August 31, but masks are required in certain instances and are encouraged across campus for all individuals who are experiencing cold and flu-like symptoms, despite a negative COVID test, and those who are, or reside with, individuals at higher risk.

The guidance at [Operation Resurgent Campus website](#) will be updated as modifications to protocols are adopted.

### ***Is Your Student Struggling in the Classroom or with Self-Management?***

#### **From our Director of the Academic Achievement Center**

Is your student struggling with classes? Does your student need tutoring or additional academic support? If so, the Academic Achievement Center at William Jewell stands ready to employ available resources. Students have 24/7/365 access to [online tutoring](#) in over 300 subjects and writing support through [TutorMe](#), and the opportunity to meet with Mr. Guice to discuss *self-management, accountability, and academic success and advising*. Email [parents@william.jewell.edu](mailto:parents@william.jewell.edu) if you have any questions or concerns. We're here to help!

## ***Registering for Spring Semester...***

### **From the Business Office**

Registration for spring 2022 begins in early November. Please note that student account balances must be paid prior to registration. Current balances and invoices can be viewed on the student's Jewell Self-Service account. Payments can be made in Jewell Self-Service by E-check (free) or by credit/debit card (2.5% processing fee). Payment can also be mailed or dropped off in Curry Hall.

### **A Note from the Registrar and the Director of Academic Advising**

We provide your students with abundant on-line resources to assist them in planning their academic future, but, even more importantly, students have access to a Jewell faculty member who serves as the academic advisor. The Office of Academic Advising ensures that these advisors have up-to-date information and can provide accurate assistance to their advisees. All students must be in communication with their academic advisors before registering for spring classes. Classes are not held on the following two fall Advising Days in order to facilitate planning for the spring semester: ***Tuesday, October 26, and Wednesday, November 3***. Please encourage your student to take advantage of the opportunity to meet with an advisor to minimize any potential advising issues.

Registration for spring begins, for seniors, on November 2. First-year students can register on November 10, starting at 10 p.m. Students are encouraged to enroll for spring classes as soon as they are able to do so since some classes will fill quickly.

A few students have not yet provided us with a final copy of their ***high school transcript***. A few others have not yet arranged for us to receive a ***final, official copy of a college transcript*** showing all credit earned before arriving at Jewell. These students must arrange for us to receive the missing transcripts before they will be able to register for spring classes.

## ***Taking Care of More Business...***

### **From the Assistant VP of Student Financial Services and Director of Financial Aid**

The 2022-2023 FAFSA became available on October 1. All students planning to attend college in the fall of 2022 should complete this FAFSA no later than February 1, 2022, to avoid missed financial aid opportunities. The Financial Aid Office has been reminding students of their availability and encourage you to assist them in completing the FAFSA on time. Visit [www.studentaid.gov](http://www.studentaid.gov) for more information and to complete the application. Remember, the 2022-2023 FAFSA will require your 2020 tax information, so all tax returns should be complete.

If your financial situation has changed significantly due to COVID-19, or other circumstances from what was reported on your 2020 taxes, you may complete a Professional Judgment request form. Forms will be available on our Jewell Central intranet beginning January 2022.

Additionally, the Financial Aid Office would like to remind you the 2021-2022 FAFSA is still available for this academic year and is based on your 2019 taxes. If your income has changed significantly since 2019, or if you experience economic hardships due to COVID-19, we encourage you to submit a [Professional Judgement Request Form](#) with the [Income Estimate Form](#).

Finally, the Financial Aid Office is committed to helping your student make their time at William Jewell as affordable as possible. We encourage you and your student to check out our new [Private Scholarships Page](#). This will be a centralized location for the notification of private/outside scholarship offerings from the Financial Aid Office. These scholarship offerings are maintained by the Financial Aid Office and will change over time, so check back frequently.

## ***It's a Great Day to Be a Cardinal!***

### **A Note from our Director of Athletics**

Cardinal Athletics are in full swing with all our teams practicing or competing this fall, and we're excited to welcome fans back into the stadium and into the gym this year. These students have been training hard to represent the College well and would love having you cheer them on. Highlighting the home game-day experience has been The Cardinal Sound which is our new Athletics Band. Their musical contribution has been outstanding and we're

glad to have them on campus. If you aren't able to attend games in person, then check out the livestream on the GLVC Sports Network at [www.glvcsn.com](http://www.glvcsn.com).

I'd like to extend a special welcome to our new Wrestling teams this fall! As you may know, the Men's Wrestling team was reinstated while Women's Wrestling makes its debut on The Hill. We're excited about these new Cardinals and look forward to seeing these programs grow. Be sure to visit [www.jewellcardinals.com](http://www.jewellcardinals.com) for the latest news, schedules, and updates, and don't forget to follow Cardinal Athletics and your favorite teams on Facebook, Twitter, and Instagram.

Lastly, I'd like to acknowledge the great work of our Sports Medicine team over the past year and half. Without their leadership and expertise, we would not have been able to have the competitive seasons we did last year during the height of the pandemic, and they continue to help keep our student-athletes safe today. As such, the Great Lakes Valley Conference (GLVC) has named all 15-member institution Sports Medicine staffs as the 2021 recipients of the Dr. Thomas Kearns Service Award. Each Sports Medicine staff prioritized student-athlete health and safety by assisting with testing, contact tracing, and other COVID protocols, in addition to their traditional day-to-day care and rehab responsibilities. The Dr. Thomas Kearns Service Award is presented to an individual or group that has contributed to the success of the GLVC, as it relates to the NCAA Division II attributes of learning, balance, resourcefulness, sportsmanship, passion, and service.

### ***Need Additional Support?***

#### **A message from our Director of New Student, Family and Intercultural Engagement**

My name is Traci Parker-Gray. I also serve as the co-advisor for the Black Student Alliance. I am here to help your student successfully transition and navigate their individual college experience at William Jewell.

I support transfer, non-traditional, new students and their family/support teams with services and programs that create a culture of equity, inclusion and belonging.

In addition to the normal challenges that come with being a college student, the pandemic has introduced a unique set of challenges of its own.

The COVID-19 pandemic and moans, groans, and rumblings in society have created a new college experience for our students. Issues of social injustice, disenfranchisement, constitutional rights, science, and healthcare are being re-examined throughout the country and impacting many students' well-being and performance in the classroom.

If any of the statements below describe your student, please encourage them to connect with me at [parker-grayt@william.jewell.edu](mailto:parker-grayt@william.jewell.edu), or someone from the Student Life Office. We will get them plugged in to the appropriate resources needed to develop strategies for working through their concerns, which might include:

- “Classes are harder than I thought they would be.”
- “Class participation is a part of my grade and I am uncomfortable talking in class.”
- “This school is different than my last one.”
- “How do I talk to my professor? I missed an assignment.”
- “I am the only BIPOC (black, indigenous, person of color) in several of my classes. No one understands how I feel.”
- “I am a member of the LGBTQ community and I am ready to “come out on campus.” Can I talk to other students who have had this experience?”
- “How do students express their concern regarding social justice issues?”
- “How do students express political views on campus during this time?”
- “What multicultural groups can I join?”
- “Can we start new student organizations?”

- “I am struggling finding enough time to study.”
- “I might have to leave school. What do I need to do so I can stay?”
- “How do I pay for school?” My family is experiencing financial difficulties.”
- “My family does not understand why I need to study so much.”

## ***Preparing for Thanksgiving and Winter Breaks...***

**A Message from our Associate Dean of Students and Director of Residence Life**

**Mission:** *Residence Life supports residential students’ academic pursuits and develops critical life skills through living and learning in community.*

It’s hard to believe that Thanksgiving is right around the corner and the fall semester will be ending soon. We want to remind our Jewell families about the upcoming campus housing closings (your student receives reminders of campus housing closures via their Jewell e-mail). Students who need to remain on campus during a closing to participate in a college-sponsored activity will be e-mailed registration instructions. There is no additional charge for housing during the breaks.

<b>Campus Housing Closures</b>	<b>Closing Date/Time</b>	<b>Opening Date/Time</b>
Thanksgiving	Tuesday, Nov. 23, 5 p.m.	Sunday, Nov. 28, 2 p.m.
End of Fall Semester	Friday, Dec. 17, 5 p.m.	Sunday, Jan. 16, 2 p.m.

Did you know that your student can switch their meal plan through the first week of each academic semester? Students sometimes switch meal plans based on their new schedule or other reasons to ensure they obtain the greatest value. Students may submit the online meal plan change request form located in the Campus Resident Resources Moodle course. (Moodle is the online learning resource platform used by the College.) The deadline for submitting meal plan changes for the spring semester is Tuesday, January 25, 2022. Here are links to information regarding [Jewell’s Dining Services](#), including meal plans, and the [College’s fees](#).

The Residence Life team has been providing educational and fun programs and events for your student throughout the fall semester. Since students arrived in August, Residence Life has sponsored many events for campus residents that have included adopt a plant, a cookout, spa night, self-care, study hall, yard games and ice cream sundaes. We’ve also hosted numerous opportunities for residential students to engage in Homecoming week festivities.

Jewell’s Residence Life team can be contacted at 816-415-5913 or [residencelife@william.jewell.edu](mailto:residencelife@william.jewell.edu).

## ***My Student Needs Assistance with Career Planning...***

**A note from our Director of Career Development and Internships**

Please encourage your student to take a proactive approach and connect with [Career Development and Internships](#) for support with their career-related needs (i.e. choosing the right major, finding a job/internship, connecting to a career mentor, developing a strong resumé/cover letter, practicing for interviews, and much more). All department information can be found on the Career Development & Internships Moodle page. We are happy to help!

## ***Parents of New Students: What You Can Expect the Next Several Weeks...***

**From our Director of the First-Year Experience**

**Second Guessing and Self-Doubt – Shortly After Midterms**

After confronting some of the challenges of college, some students may begin to regret their choice and talk about transferring to another college they considered, or one attended by other friends. This can be normal behavior for many students. We encourage parents to discuss with their student that these challenges exist on all college campuses in one form or another and to stick with it. College life will get easier.

## Advising Days – October 26 & November 3

Students meet with advisors. No classes.

## Thanksgiving Holiday- November 24-28

For many students, returning home for the first time can be a stressful or awkward time. Some students may wonder if their friends from home have changed while they were away. Students also may struggle to relate to you and the rules associated with being at home once again.

## End of the Semester- December 6-17

Papers, final assignments, and exams are due the last week of classes and during finals. This requires students to study intensely to prepare.

## How can you help alleviate your student's stress?

- **Stay in touch.** Call regularly, email, send a letter or care package.
- **Ask Questions and Listen.** Ask your student specific questions about their college experience. Listen carefully to what they tell you. Make sure you feel you are getting answers from them about how they are doing in class and how they are doing socially.
- **Surprise Your Student.** Surprise them with an unexpected gift, visit, or communication during a stressful time. This does make a difference.
- **Use College Resources.** If at any point you believe the stress is getting the best of your student, contact Student Life and ask them to help.

*Parents really do make a difference!* The more aware and informed you are of your student's college experience, the more effectively you can provide advice and support. College can be an educational experience for both students and parents. Asking questions and having an open dialogue with your student can be mutually beneficial. It can also lead to your student being more successful at William Jewell.

## *Jewell Traditions and Other Fun Upcoming Events...*

### Holiday Traditions

December is when The Hill rings in the holidays with our traditional celebrations. Here are our traditional events:

*Lighting of the Cardinal Tree:* December 2, 7 p.m.: Student Senate and our President will co-sponsor Lighting of the Cardinal Tree outside only, where each student will receive their annual Christmas Ornament.

*Hanging of the Green and Lighting of the Quad:* December 3, 7 p.m.: Hanging of the Green will begin in Gano Chapel and will move outside while the Grand Marshal lights the Quad for the Holiday season.

### Department of Performing Arts

The newly formed Department of Performing Arts has had a busy and productive fall semester. After a great performance of the contemporary chamber opera "Elizabeth Cree" in October, we are looking forward to some exciting upcoming events that can be found on our performance calendar: [www.jewell.edu/performing-arts-calendar](http://www.jewell.edu/performing-arts-calendar).

We would like to particularly note the Cardinalis concert on Sunday, October 24. This event is a celebration by the Department of Performing Arts of 100 years of women at Jewell. The Theatre program will offer readings by women at 3 p.m. in Yates-Gill College Union, and at 4 p.m., Cardinalis will perform a concert featuring all women composers, including a number of Jewell alumnae.

Other events, including the fall theatre production and music ensemble concerts, are also listed. We hope to see you on campus with us at these events!

*Jewell Theatre Company* presents "The Learned Ladies" by Moliere, adapted and translated by Freyda Thomas, on November 4-7 in Peters Theater. Jewell's production is part of the city-wide KCMOliere 400 in 2022 celebrating the French playwright's 400<sup>th</sup> birthday. Performances of Moliere's work is being produced around the city by

professional and academic companies, and Jewell is honored to be part of this historic event. Come celebrate France's most beloved comic playwright in this rollicking satire of society foibles and romance.

Please follow our social media at Facebook, Instagram, and Twitter to keep informed about Theatre events. Our handle is jewelltheatreco for all three.

### ***Want to Surprise your Student?***

We have had parents asking about care packages for finals week. There are many opportunities to send a care package, one being through [Amazon](#). If you plan to send something, please have it delivered the last week of classes (December 6-10). The College address:

Student's Name  
William Jewell College  
Box # (get from your student if you don't already have it)  
500 College Hill  
Liberty, MO 64068

### ***Save the Date!***

Parents Weekend is April 22-24. You will have an opportunity to order a parent T-Shirt, so please remember to check the Parent Website at [www.jewell.edu/parents](http://www.jewell.edu/parents) or in the January Parent Newsletter! (All of our newsletters will be posted on this website.)

### ***Questions or Concerns...***

Send to [parents@william.jewell.edu](mailto:parents@william.jewell.edu) and one of our amazing staff members will be able to respond!