

vital signs

Summer 2022



INTEGRITY | COMPASSION | SCHOLARSHIP | LEADERSHIP | EXCELLENCE IN NURSING PRACTICE | SERVICE TO OTHERS

Nursing and Athletics

Alex Johnson, Senior BSN-AT

As a student who participated in William Jewell's Accelerated Nursing program, I had the opportunity to organize and perform a service project of my choice. I decided that I wanted to focus my efforts into the athletics department due to my history with college athletics. During the fall semester, I heard about one problem that kept reoccurring within our football program. Many of these athletes were becoming severely dehydrated during their games, and they would have to be pulled out of their games. Multiple times the Jewell athletic trainers were concerned that these athletes would need to go to the emergency department for bolus fluid replacement due to the severity of their physical state. After hearing about this consistent problem, I knew ways that I could help.

After getting clearance and approval, I proposed an idea to administer IV fluids to these athletes within the athletic

training room; if there came a situation where an athlete became severely dehydrated, we would not have to delay care and transport them to a different facility. These players would be able to get IV fluids immediately to avoid any further complications.

This was a great experience to not only help these athletes start to feel like themselves again after treatment, but it also provided essential IV practice. This process also allowed for therapeutic communication techniques to be performed to help these athletes regain a sense of security when you're caring for them. My hope is that nursing students in the future carry on this service project and expand their reach to help not only the football program but all sports across the campus during their athletic seasons.

Service to Others

Wanda Mickelson, Simulation Technology Specialist and Nursing Service Coordinator

Service to Others is one of the six Jewell Nursing Hallmarks, and once again, the Jewell Nursing students are outstanding in the area of serving others. As the Jewell Department of Nursing Service Coordinator, I have the privilege of working with the nursing students to guide them, assist with their selection of a project, approve their service proposals and cheer them on to success.

The students are encouraged to remember that "service" is simply "seeing a need and doing something to meet that need." It is exciting to see the amazing things that the Jewell Nursing students do each year to serve our community at Jewell, in the Kansas City area and beyond!

Listed in this Vital Signs issue is a small handful of the service opportunities provided to the community by Jewell Nursing students. As a department, we are so very proud of them.



Nursing students partnered with the American Red Cross to host a blood drive on campus this spring

Future Nurses Build for the Better

Laura Yeager, Senior BSN-AT

Service was always part of my family growing up. I did my first Habitat for Humanity build with my mom when I was around 12 years old. When I moved to Kansas City, I became involved with Truman Heritage Habitat for Humanity, a Habitat chapter in Independence.



As soon as I heard that service projects were part of our Jewell Nursing curriculum, I knew what my project would be. Four members of the January Accelerated Track cohort and I participated in a build at the end of March 2022. The home that we worked on was for a veteran single mother of two. We were responsible for installing insulation in the basement.

Each of us learned new skills from the construction manager, and we were able to work with each other as a team in a new capacity. We made a small impact towards a large overall goal of building a home and a future for the Habitat family. It was a wonderful day spent with great friends.



Nurses Christian Fellowship Update

Wanda Mickelson, Simulation Technology Specialist

Nurses Christian Fellowship (NCF) at William Jewell is a place to come and meet with other nursing students to be Encouraged, Equipped and Empowered through Scripture lessons and conversation with others. NCF is open to everyone regardless of where they are on a faith journey.

This year in Jewell's NCF we are thankful for many things that were a part of this academic year.

- The size of our group and the commitment by students to set time aside twice a month to calm our hearts and focus on our faith was encouraging.
- During the 2021-22 academic year, we were recognized as an official William Jewell student organization.

- We were thrilled to have two devoted co-presidents this year – Carley Chancellor and Abigail Thompson led the NCF group with enthusiasm and commitment. Their new ideas were refreshing: our own NCF Instagram page and “New Member Mondays” were both fun ways to get to know each other. Carley and Abigail are graduating seniors; we are proud of their accomplishments and excited for their futures, but we are going to miss them a lot.
- Abigail and Carley are passing the leadership role to another set of co-presidents; once again, we will be in great hands.
- During the fall semester, we focused on an InterVarsity Bible study titled “Following Christ in Nursing,” and this spring we directed our thoughts and attention to self-care.



Nursing school is very busy; this time set aside to encourage and calm our hearts is so beneficial. We are all thankful for our Jewell Nurses Christian Fellowship group visits and connections.

Letter from the Chair



Dear Nursing Alumni and Friends,

I hope of this edition of the Vital Signs brings you encouragement and fond remembrances of your time on The Hill. I am grateful to all the faculty and students who put this newsletter together to share with you. I will update you here on classes and clinical while we work through the “end” of this pandemic.

We have been in face-to-face classes since fall 2020. This summer we are considering classes without masks as most all of our students are vaccinated. Clinical is in full swing as well. We were grateful to work closely with our partners.

NCLEX is changing to a Clinical Judgment Model. Fortunately, critical thinking fits hand and glove! Our faculty have been working together to help students focus on clinical reasoning in clinical and the classroom.

We were able to partner with Clay County African American Legacy, Inc., for an on-campus event titled “Midwives and Mental Health in African-American Communities: Then and Now” for Women’s Health Month. Please see that article for more information. We do anticipate that this fall we will have Mind and Heart: Undergraduate Nursing Research Symposium in person.

Though the year was challenging, we continue to provide high quality nursing education. Our strong commitment from the students, faculty and staff is our cornerstone. Please feel free to contact me if you have questions or suggestions. You have an open invitation on The Hill for any nursing event!

Sincerely,



Leesa McBroom, PhD, APRN, FNP-C,
Chair/Professor of Nursing

Keeping Up In Our Community

**Stefanie Nguyen, Senior BSN and
Dakota McDowell, Senior BSN**

We chose to do our service project through the City of Liberty Public Works Department by organizing a group of volunteers to pick up trash along H highway, which is the main road that our college community overlooks. We contacted the Public Works Operations manager, and he advised us to arrange a time that we would like to complete this service. He would prepare the equipment we would need, such as reflective vests and trash bags.

The reason we chose to do this activity was that we noticed one day when driving down the highway how littered and dirty the roads were, and we felt disgusted that the streets around our college looked like that. So, after discussion and approval from the Nursing Department, we were excited to start planning this project and beautify the streets around our academic community.

After completing this project, we reflected on our experience and felt satisfied that we were able to transform the street into a cleaner view for people passing by and for fellow students around our college community. We also believe that our completion of this project gives future nursing students additional ideas or options to arrange and plan for their service project ideas while doing activities that allow for the benefits of environmental cleanliness.

Pie a Professor is Back



A Service Project on Life and Death: Volunteering for Hospice

Lee Kavanaugh, Senior, Nursing BSN

I'm interested in working as a Hospice nurse, especially after I cared for my dying mother. However, death is hard, and I wasn't sure how caring for a dying patient, even a stranger, would hit me.

My service project was supposed to last for a week or two, maybe a month. The Hospice agency required six hours of training, with the number one edict: no nursing care. I was a volunteer lay person. Just be the patient's friend, they told me.

After a month, my service project was completed, but I could not stop visiting her, this beautiful woman confined to a bed, with tubes helping her to live and whose voice was so soft and often delayed.

I remember that at first I was scared. What would I say? What would I do? I quickly learned to be myself, and just try. I also learned if I could cause her to laugh, it was like winning the lottery! Her eyes would light up, her giggles tumbling out like a rambunctious kitten. I even played my bass trombone for her on her birthday!

I learned that asking questions about her life moments were the very best. Questions like: What was it like the first time you saw your baby girl? What is your best meal that your family requests? What was your favorite grade in elementary school, your favorite subject? How did you meet your husband?

Each question seemed like a time capsule, opening a flood of memories. We laughed together at some of her stories. (I called her a bad ass once after her stories about riding a motorcycle to the Grand Canyon.)

I wrote down her words, sometimes a slow process because of her illness. On her "good" days she asked me to read them back, usually adding more details.

"When will this book be finished?" she asked one day. I hesitated. We both knew, and then she grew quiet.

"Make sure my daughter gets this, will you?"

We talked about death, too. Wondering what it was like, whether we would see friends, loved ones, even pets. Some days she cried missing people who had already transitioned. She told me often she was ready to be with them.

The day she died, I finished the little book. Her death hurt, but I also cherished my time with her. She taught me much more than I can process yet into words. At her funeral, I gave the book to her daughter wrapped in tissue paper, along with my last story about her.

This service project was a gift. I watched death tip-toe around for weeks. I witnessed how family caregivers give so much, despite fatigue, anticipatory grief, trying to guard their emotions. I watched Hospice nurses brighten this patient's day with smiles and cheerful care giving, from styling her hair to shooing death out of the room saying, "Not today!"

Witnessing the strength of humans facing death gives perspective, especially to those smallest of life moments that float by unannounced.

I learned that time flies by quickly. Enjoy the present. Go for a walk. Look up at the nighttime sky. Cuddle your pets. Conversation is precious. Find something that makes you laugh.

Although this began as a service project for a nursing degree requirement, volunteering for Hospice was priceless.

Pie a Professor is Back *(continued from page 3)*



Simulation Update

Tiffany Condren, MSN, RNC, Instructor of Nursing, Simulation Coordinator and NCF Faculty Advisor

The Jewell Simulation Center mission is to offer immersive and innovative educational opportunities that prepare participants to provide exemplary nursing care with integrity and excellence in practice. To reflect this mission, we strive to integrate simulation experiences that are relevant for the increasing complexity of healthcare. Recently, it has been an ongoing challenge to find placements for students to experience preoperative, intraoperative and postoperative nursing specialties, and COVID-19 restrictions made it almost impossible. When presented with this challenge, we found a solution. The Jewell Simulation Center collaborated and developed an

immersive operating room simulation that allows students to experience hands-on learning in the preoperative, intraoperative and postoperative healthcare settings. Students participate in three different simulation scenarios. First, they receive bedside report in the preoperative setting and utilize therapeutic communication, critical thinking and preoperative checklists to prepare the client for surgery. The students then follow the client through the intraoperative setting where each student is assigned a role and work as a team to ensure high-quality care and safety precautions. A surgical procedure is viewed via recording while in the operating room environment. Students then follow the client to the Post-Anesthesia Care Unit where they ensure the client is safe and intervene when necessary. Each scenario begins with a prebrief and is followed by a debrief, allowing students to ask questions and develop deep learning. This specialty simulation was first introduced in summer 2021 and has proven to be a beneficial learning experience for students based on the post-simulation evaluations:

“OR sim has been my favorite to-date. I really enjoyed getting the setup of the OR and learning about it firsthand.”

“Very complete learning experience in seeing a patient through an entire operative experience.”



Student and Faculty Accomplishments

Daisy Award Winners 2022

Ollie Trejo, assistant professor of nursing, Faculty Daisy Award

Michaela Fraundorfer, '22, Daisy-In-Training Award

Duke Colloquium Presentations

Cassidy Schuster, '22, The Efficacy of COVID-19 Prevention Guideline Implementation in Pediatric Hematology and Oncology (PHO) Units, Poster Presentation, Faculty Sponsor: Professor Debra Penrod

Abbey Haines, '22, The Role of Gender-Affirming Estrogen Hormone Replacement Therapy on Cardiovascular Risks, Poster Presentation, Faculty Sponsor: Professor Debra Penrod

Faculty Honors and Awards

Dr. Leesa McBroom, professor of nursing and chair, was appointed as the Missouri State Grassroots Liaison by the American Association of Colleges of Nursing.

Debra Penrod, assistant professor of nursing, was named 2022 Outstanding Community Service Award recipient for demonstrating service and encouraging others to provide leadership and service that fosters community growth.

Patty Richter, assistant professor of nursing, received the 2022 Kansas City Research Foundation honors, Teaching Excellence Award for making a positive difference for her students' teaching and learning.

Melissa Timmons, associate professor of nursing, was the Project Lead Researcher for Quality Improvement Research on the assessment and management of escalating behaviors using a new tool, EDART (Electronic Aggression Rating Tool), in the St. Luke's North Smithville behavioral unit, project title, EDART for SLN Smithville Behavioral Health Pilot. She also presented Workplace Violence Education at the 2022 SLHS Neuroscience and Stroke Critical Care Advanced Practice Practitioners conference.

Melissa Timmons, associate professor of nursing, received the 2022 Kansas City Research Foundation honors, Scholarly Achievement Award for advancing the teaching, research and practice of nursing.

Honor Convocations Awards

Outstanding Academic Achievement:

Cassidy Schuster (BSN); (Abigail Pate, (BSN-AT)

Outstanding Nursing Student:

Carley Chancellor (BSN); Matthew Armstrong (BSN-AT)

Award for Integrity:

Katherine Sliger (BSN); Abigail Haines (BSN-AT)

Award for Compassion:

Misty Phillips (BSN); Kyle Ford (BSN-AT)

Award for Scholarship:

Jessi Watkins (BSN); Shannon Norris (BSN-AT)

Anne Bax Ozbolt Award for Servant Leadership:

Maycee Hubbard (BSN); Ethan Endicott (BSN-AT)

Award for Excellence in Practice:

Hanna Balch (BSN); Gherry Martin (BSN-AT)

Mary Grant Seacole Award for Service:

Lee Kavanaugh (BSN); Laura Yeager (BSN-AT)

Leesa A. McBroom Spirit of Nursing Book Award:

Alexis Kennedy (BSN)



Jewell Nursing Faculty and Staff

Student and Faculty Accomplishments *(continued from page 8)*

Mind and Heart Undergraduate Symposium 2020 Poster and Oral Presenters (virtual event)

Abbey Haines, '22, The Role of Gender-Affirming Estrogen Hormone Replacement Therapy on Cardiovascular Risks, Poster Presentation, Faculty Sponsor: Professor Debra Penrod

Lee Kavanaugh, '22, Learning through a Pandemic's Silver Lining: the Skill of Resilience for Student Nurses Transitioning into Professional Careers, Poster Presentation, Faculty Sponsor: Professor Debra Penrod

Shannon Norris, '22, The Relationship Between Antipsychotics and Metabolic Disorders in those with Schizophrenia, Poster Presentation, Faculty Sponsor: Professor Debra Penrod

Jessi Perry, '22, Vaccine Hesitancy: Why it Exists, How we can Mitigate it, and how it Affects You, Poster Presentation, Faculty Sponsor: Professor Debra Penrod

Jessi Watkins, '22, Ventricular Shunt versus Endoscopic Third Ventriculostomy: Comparative Analysis on the Outcomes of treatment for Hydrocephalus, Poster Presentation, Faculty Sponsor: Professor Debra Penrod

McKenzie Wilmes, '22, The Effects of Skin-to-Skin Contact on Newborn Breastfeeding and Temperature, Poster Presentation, Faculty Sponsor: Professor Patty Richter

Logan Peterson, '22, Increasing effectiveness of Communication between Healthcare Providers and Spanish Speaking Patients, Podium Presentation, Faculty Sponsor: Professor Debra Penrod

Mortar Board

Maycee Hubbard, Angela Mathews, Brianna Parker, Cassidy Schuster

Pryor Leadership Fellows

Maycee Hubbard

Phi Epsilon Honor Society

Cassidy Schuster, Jessi Watkins

Faculty Award Finalist

Jessi Watkins

Sigma Theta Tau Honor Society

Hannah Balch, Carley Chancellor, Caitlin Cross, Abigail Dubinski, Brianna Everts, Patricia Fadri, Shannan Garcia, Maycee Hubbard, Alexandria Johnson, Elicia Kavanaugh, Elizabeth Liehti, Juli Mapes, Gherry Martin, Taylor McCumber, Stefanie Nguyen, Shannon Norris, Hanna O'Leary, Eilis Olgren, Miranda Pacas, Jessi Perry, Logan Peterson, Rachel Rund, Cassidy Schuster, Ashley Seay, Taylor Shaw, Julia Stoner, Abigail Thompson, Mackenzie Wilmes, Laura Yeager, Professor Raechel Blades



Jessi Watkins, Faculty Award Finalist

Sigma Theta Tau Update

Associate Professor Melissa Timmons, MSN, RN-BC



The Mu Mu Chapter had another great year for 2021-2022! We were excited to welcome 30 more high achieving candidates in our in-person May 2022 Induction Ceremony with precautions in place. We can't wait to see what these amazing nurses will do in their service to others and the community.

While the Mu Mu Chapter did not need to provide financial support in printing nursing students' research posters due to its virtual format this year, the chapter did enjoy seeing the joy on a raffle winner's face for our donation of a QT gift card during Jewell's Mind and Heart Symposium in fall 2021.

On March 11, 2022, the Mu Mu Chapter again co-hosted the Annual Kansas City Sigma Collaborative Conference titled "Embracing Excellence: Supporting Nurses, Renew, Refresh, Restore." This conference was held virtually through the support of North Kansas City Hospital and was a meaningful opportunity for our chapter to support local and international educational needs. We were particularly proud to support the learning, knowledge and professional development of nurses committed to making a difference in healthcare and education throughout Greater Kansas City. Please contact us if you are interested in participating in next year's upcoming conference, as the conference planning committee is a great way to network and meet other nurses and Sigma members in the Kansas City area. You can find our Sigma KC Collaborative via Nursing Network at nursingnetwork.com.



The Mu Mu Chapter was blessed to join the Cupid Crew in 2022 where we worked together to send/deliver Valentine's Day cards as a way to combat social isolation and make meaningful social connections which is a vital need for seniors. This was a fun service project and really touched our hearts. One of our Mu Mu chapter members,

Tiffany Condren and her daughter, Paysen, delivered these valentines to Villages of Jackson Creek Memory Care in Independence. They met with the Director of Nursing and gave her the cards and she delivered to the residents and took pictures to share their photo with all. She said they were so delighted and thankful for the cards.

We are looking forward to many more activities this coming year! Please contact any Board member if you are interested in joining for the first time or reactivating your membership. If you are already a member, we encourage you to browse the Chapter website and ensure that your contact information is up to date so you can stay in the know. The Mu Mu Chapter Circle website: mumu.sigmanursing.org/home.



The Department of Nursing Team

Nursing Faculty and Staff

Annette Behney, DNP, APRN, FNP-BC
Associate Professor of Nursing
Medication Calculation Coordinator

Raechel Blades, MSN, RN, RNC-OB, CNE
Instructor of Nursing
Nursing Arts Laboratory Coordinator

Kristen Blochlinger, MSN, RN
Assistant Professor of Nursing

Katie Cazzell
Clinical Compliance Coordinator

Tiffany Condren, MSN RNC
Instructor of Nursing
Simulation Coordinator
NCF Faculty Advisor

Allie Foltz
Nursing Student Liaison

Belinda Gumpenberger
Assistant to the Chair

Becky Jones, '08, MSN, RN, CPN
Instructor of Nursing

Anna Kaaiakamanu, '17, DNP, RN, CCRN
Instructor of Nursing
Nursing Arts Laboratory Coordinator

Ellen Kisling, '81, MSN, RN
Adjunct Instructor of Nursing

Sarah Light, '06, MSN, RN
Adjunct Instructor of Nursing

Leesa McBroom, PhD, APRN, FNP-C
Chair, Professor

Wanda Mickelson
Simulation Technology Specialist

Debra Penrod, '07, MSN, RN
Assistant Professor of Nursing

Patty Richter, MSN, RN
Assistant Professor of Nursing
Vital Signs Editor
SNA Faculty Advisor

Melissa Timmons, MSN, RNBC
Associate Professor of Nursing

Ollie Trejo, MSN, RN
Assistant Professor of Nursing

Clinical Faculty

Magalie Acsenvil, '14, MSN, RN
Emily Agee, '12, MSN, RN
Michael Ballenger, MSN, RN, CCRN-k
Katie Bestgen, BSN, RN
Tiffanie Bevan, BSN, RN
Jaci Carey, BSN, RN

Lauren Compton, MHA, BSN, RN, BSHS
Patricia Compton, MSN, MBA, RN
Mary Davis, RN-BC
Debbie Diaz, '95, MSN, APRN, NP-C,
CWON

Melissa Girven, BSN, RN
Josh Herbert, '09, MSN, APRN, FNP-C
Jennifer Loman, MSN, RN, RNC-NIC,
CNEcL

Brandi Mains, MSN, RN, CPN
Nicole Mandacina, '11, DNP, FNP-C
Lorie Niffen, MA, BSN, RN
Modestine Powers, '17, BSN, RN
Theresa Rase, MSN, RN
Thomas Sims, '14, MSN, APRN, FNP-C
Ashley Slaughter, '14, MSN, RN
Ashton Walker, BSN, RN
Laura Wilkerson, MSN, RN

Facts at a Glance

- Dr. Elizabeth MacLeod Walls, President, William Jewell College
- Leesa A. McBroom PhD, APRN-C, Department of Nursing Chair
- Commission on Collegiate Nursing Education accreditation
- Missouri State Board of Nursing approval
- Department of Nursing: Over 1,725 graduates
- BSN program began 1970, first graduating class 1974
- BSN-AT 12-month track began 2003
- BSN-AT 16-month track began 2011
- Simulation Lab opened 2011
- BSN 3-year track began fall 2014
- National Student Nursing Association members since Fall 2015
- Program is total credit hours 124
- Bright Flight Scholarships (up to \$3,000/year and matched for students from Missouri)
- Nursing Christian Fellowship (NCF) members since Fall 2021



Keep in Touch

We'd love to hear about your education beyond Jewell, new job, publications, research, honors, etc. Email us at nursing@william.jewell.edu or mail your update to:

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www.jewellalumni.com